

Activities in the Area



Quepos/Manuel Antonio is truly a natural paradise and you will never be bored here, no matter what your level of energy. The area is an idyllic place to relax and unwind or partake of an endless range of outdoor sports and activities. There are, by our count, 10 beaches in the immediate area (and hundreds within easy driving distance). The water is about 85 degrees, and different beaches offer different wave characteristics, ranging from calm and glassy (good for young children) to very active surf that is fun for both body and board surfing.

Some of the more active options include whitewater rafting, ocean and mangrove kayaking, rainforest canopy zip lines, Jet Ski coastal tours. Parasailing, mountain biking, horseback riding on the beach or to rainforest waterfalls, surfing or body surfing, jogging, hiking, swimming, and sport fishing. All of these sports offer a range of challenge from easy to vigorous. A beautiful golf course is located at a Marriott property about an hour's drive from Villa.

Bird-watching expeditions, trips to a botanical butterfly garden, and sunset cruises are other outdoor options in the area. Excellent therapeutic masseurs and masseuses are available to give you a restorative massage at the Villa.

Two exhilarating and informative rainforest experiences are available for the whole family, except for very young children. These are the Rainmaker tour and the Zip line tour.

Rainmaker provides lunch and guided walks on a trail that climbs through a 1,500-acre private reserve in a mountain range near Quepos. A system of rope bridges suspended from tree trunks (constructed to U.S. bridge engineering codes) enable visitors to walk from platform to platform across the canopy of the rainforest. Some of the bridges are up to 300 feet long and the experience is very exciting. A large variety of animal life can be viewed from the treetops and on the well-constructed trail. After descending, visitors can swim in a crystal clear river, after which a typical Costa Rican lunch is provided.

The Zip Line tour is much less informative but a great deal of fun. Steel cables are strung from tree to tree in a private rainforest preserve. A harness and pulley are attached to each person and you step off platforms lashed to trees to zip across the rainforest canopy, Tarzan-like.

Sport fishing in the waters off Quepos is among the best in the world. The prime fishing season is December to April and marlin and sailfish are the two major targets. Dorado, wahoo, amberjack and yellowfin tuna are also plentiful. More than 40 fully equipped sport fishing boats of various sizes are available for charter, most year around, for fishing, sightseeing, snorkeling or diving. Most captains are very experienced and know where to find the fish, and we can recommend our personal favorites among the captains.

There are several good Spanish language schools of offering half-day classes on a weekly basis. One school will send a teacher to the Villa to give private lessons.

Here are some links that you might find helpful.

[Costa Rica Supersite](#)

[Fly Fishing for Marlin!](#)

[Nature Tours](#)

[Rafting, Kayaking & more](#)

[Good Surfing Site](#)

[Manuel Antonio Park.com](#)

[Manuel Antonio Guide](#)

[Sansa Airlines](#)

[flying from San Jose to Quepos](#)

[www.pinecones.com](#)