

# La Tzoumaz

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La Tzoumaz is a tranquil Swiss village that clings to the side of the Savoleyres mountain with stunning views, high above the Rhone Valley. Linked directly to Verbier with a new (for winter 2007/8) high speed gondola for access into the whole 4 Vallées ski domain. The ski area boasts some of the best skiing in Europe and you can ski straight back to the village on easy blue runs or down the itinerary run Vallon d'Arby.

From the Savoleyres top station you can sledge down the 10km toboggan run through the trees back to the village (most definitely not just for the children!). In the spring, summer and autumn there are fantastic walking routes along the "Bisse", the ancient Saxon irrigation system as well as some far more demanding hiking into the high mountains. There is a new Bike Park with graded tracks and north shore accessed from the top of Savoleyres using the gondola, and plenty of single-track

on the mountains, only the labelled footpaths are to be avoided. Verbier also has purpose built downhill courses in the Kona BikePark. There is golf close by with mountain courses in Verbier or you could opt to play one of the courses in the valley bottom. There is also fishing to be had in some of the local rivers and lakes.

The village offers everything that you might need – shops, bars, cafes and restaurants. There is a tennis court, an indoor swimming pool and an outdoor ice skating rink (winter only!). Slightly further afield other options include cosmopolitan shopping in Martigny and Sion, spa at [Saillon](#), art at the [Fondation Gianadda](#), the ancient monasteries of Château de Valère and Château de Tourbillon are situated on twin rock outcrops over looking Sion.

Because of the high number of sunny days we enjoy in the Valais region flowers abound, there is a healthy wine industry and orchards of apricots, peaches, apples and other soft fruits.

# The 4 Vallées

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The 4 Vallées ski domain is situated in the Valais region of Switzerland close to the borders of France and Italy, about 1 ½ hours from Geneva. Made up of the 5 principal ski resorts of La Tzoumaz, Verbier, Nendaz, Veysonnaz and Thyon linked together by 92 lift installations and 412km of pistes. From the highest point at Mont-Fort 3330m it is possible to see both the Matterhorn and Mont Blanc.

The skiing is very varied from picturesque tree lined pistes to glacier skiing on Mont-Fort and then there is the off-piste..... Heli-skiing is legal in Switzerland (un-like France) so it's possible to take a flight to start a truly memorable day's skiing!

Of course the 4 Vallées is not just about skiing, the lift system opens for the summer months to provide easy access to the high mountains for hikers and mountain bikers or even just for a spot of lunch in one of the mountain restaurants.

# Cuisine

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Mini, with her experience of cooking for millionaires on their yachts in the Med and Caribbean will use locally sourced ingredients, where possible, to provide imaginative seasonal menus. Vegetarian, special diets and children's preferences properly and nutritionally provided for.

## *Breakfast*

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To set you up for the day, breakfast is a hearty and healthy experience. Choose from continental or English style, porridge, cereals, homemade fresh fruit and vegetable juices.

## *Afternoon tea*

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Homemade cakes and biscuits, tea (proper English tea and fruit infusions) coffee and hot chocolate laid out for you to help yourselves to which will stave off hunger pangs after the day's activities..

## *Evening dinner*

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After the exertions of the day you will be served a handsome 5 course dinner. Expertly prepared with fresh local produce and beautifully presented; to some people, this can be the highlight of the day! Our selection of house wines are served to accompany the meal. If you would prefer to select bottles from our finer wine selection these can be purchased for a modest charge.

## *To finish*

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Your choice of fresh coffee and chocolate

### **Example Menu**

Olives wrapped in cheese pastry

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Salad of local goats cheese and air dried beef

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Braised Lamb shank parcels with seasonal vegetables / Mushroom and lentil medley parcel (v)

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Classic custard tart with poached berries

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Coffee and chocolate